

Sea lion Scoop

Take a look at the sea lion.

Isn't he clever to be able to balance the ball on his nose like that?

It would have taken lots and lots of practice until he was able to do it well.

I wonder if he felt like giving up sometimes?

What would you really like to be able to do?

What do you need to succeed?

Take the net and see if you can catch a sea creature.

Match the number to the encouraging message for you.





Hoopla Prayer



Have you ever had something to do that seemed too difficult?

A task or challenge that seemed impossible?

Have you ever not been able to do something because it was
just too tricky?

This can leave us feeling sad or disappointed,
Perhaps a bit grumpy even, like a growly lion?

It isn't good to carry these negative feelings around inside us.

**If you'd like to, you can take the hoops and see if you can
throw them to land over the posts. As you throw the hoops
see if you can let your grumpy feelings go too.**

**Try and remember, we can't always succeed at everything, but
we can always try to enjoy taking part.**