



# Cumbria Bible Challenge

## Testimony Two

### Finding Faith

#### **Bear Grylls**

(original story at <http://www.telegraph.co.uk/men/active/10341520/Bear-Grylls-my-five-most-hellish-moments.html> )

Bear Grylls is a well-known explorer, adventurer and TV presenter. He used to be in the SAS, the toughest military force in the UK. He knows all about danger, and he knows what it feels like to be afraid.

Once he was in a small boat with four other men. It was in the middle of the night, dark and cold. They were in the middle of a freezing sea. There was ice everywhere, and a howling gale blew out of the darkness. Massive waves hit them from all directions. Each man knew there was a strong chance that they would not survive until dawn.

Bear Grylls fought to keep the boat upright. He had no way of communicating with anyone who could help. He knew that if the boat capsized, he and the other men would not survive the sub-zero temperatures in the water.

At last, the boat reached Iceland. The men were safe. Bear Grylls said, “through it all I knew that Christ had been holding us fast, and my faith emerged stronger than it had ever been.”

